

# CAROLINAS CHAPTER SHRM

Serving Rock Hill, Lancaster, Chester and surrounding areas

## May Meeting

### **Support, Don't Solve: Shifting from Fixing to Empowering**

Join us as we welcome Leah Marone  
LCSW Psychotherapist, Mental Wellness Consultant

*HR professionals play a critical role in fostering a healthy, high-performing workplace, often balancing the demands of supporting employees while managing their own well-being. This session introduces the Support, Don't Solve framework, designed to help leaders and HR teams set boundaries that foster trust, autonomy, and sustainable success.*



**Wednesday**

May 20<sup>th</sup>, 2026



**Time**

08.00 AM - 10.00 AM



**Riverwalk Event Venue**

1111 Brakefield Drive

Rock Hill, SC 29720

<https://www.riverwalkevent.com>

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HRCI and SHRM Credit Eligible

